

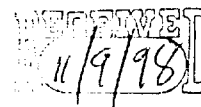


Natural Factors Nutritional Products Inc.

8377 '98 NOV 18 P2:14

November 2, 1998

Food and Drug Administration
Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
200 C St. SW
Washington, DC 20204



Dear Sir or Madam:

This is to provide the required information to comply with our obligation under DSHEA labeling regulations.

Supplement: Silica Extract 500mg

Manufacturer, packer: Natural Factors Nutritional Products, Ltd.
3655 Bonneville Pl.
Burnaby, BC
Canada V3N 4S9

Distributor: Natural Factors Nutritional Products, Inc.
1420 80th St. SW, Suite B
Everett, WA 98203

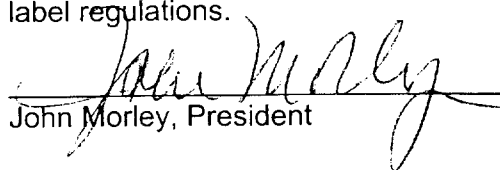
Text of the side panel: Natural Factors concentrated Silica extract is derived from an aqueous solution of Horsetail. Horsetail extract contains many important elements found throughout the human body. Abundant in Silica, Horsetail is an organic source of this essential mineral that supports hair, skin, connective tissue and nails.*

Text on PDP: Nutritional support for Hair, Skin and Nails*

Name of dietary ingredient that is the subject of statement: Silica Extract

Name of the dietary supplement: Natural Factors

I represent the information presented to be accurate and in compliance with supplement label regulations.


John Morley, President


Date

97S-0162

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